



# Augustana/Halstad/Immanuel - United Valley Parish February Newsletter

## Prayer List

---



**Pastor John Andrews**  
701-306-2575  
218-456-2144

**HLC Office Manager:**  
**Dearmina (Dee) Gustafson**  
hlp@rrv.net

**ILC Office Manager:**  
**Diann Prussia**  
immanuel1@loretel.net

Rebekah Amdahl (daughter of Bishop Bill  
Tesch)  
Elaine Borgen  
Anne Ebertowski  
Jonathan Grothe  
Terry Guttormson  
Westin Hage (son of Dustin and Tasha Hage)  
Katie Halvorson  
Steve Harris  
Vicki Harris  
Darlene Hauge  
Robert Hawkins  
Former Bishop Arlen Hermodson  
Marlene Hetland  
Tom Hinkley (son of Janice Hinkley)  
Ardyce Holte  
Karen Jacobson  
Gary Johnson (father of Darin Johnson)  
Stephanie Johnson  
Yvonne Johnson  
Priscilla Lamby (aunt of Steve Johnson)  
Sam Larson  
Allison Lindgren (sister of Darin Johnson)

Mandi Lindgren  
Lynda Lohmeier (sister of Wally Jacobson)  
Regan Okroi  
Pastor Dale Pepelniak  
Harlan Rise  
Helen Rognlie  
Tom Socha  
Diane (Penny) Todd  
Jacquelyn Todd  
Duane Trandem  
Geri Viker  
Scott Warner

**Military Service of:**  
Colton Armstrong  
Steele Armstrong  
Dustin Beliles  
Riley Culp  
Stefan Horn  
Stephen McCraven  
Carlos Medina  
Isaac Spaeth

This time of year always feels a little depressing to me, with February, the shortest month of the year, seeming to last forever. I do like having seasons, but often it feels like winter gets much more than its fair share, and quite often spring gets the short end of the stick. Some years, like 2022, spring barely gets to make an appearance, jumping from hard-core winter to full-blown summer while barely skipping a beat. I am aware that after a long cold spell of below zero weather, a day of 32° can lift our spirits, at least temporarily, with the promise of spring, but counting on Minnesota weather to provide a stream of happy days is a recipe for disappointment (kind of like cheering for the Vikings).

With that in mind, the most recent edition of Time magazine had an article written by Darrin M. McMahon about happiness, based primarily on a psychology course taught at Yale, by Professor Laurie Santos, called Psychology and the Good Life, which tries to take a scientific approach to happiness.

“Santos’ class delves into the research around what people think will make them happy (money, status, good grades) vs. what science suggests actually will—namely, things that ensure both good health (sleep, exercise and nutrition) and mental well-being (community, gratitude, mindfulness, finding

meaning in everyday life).”

Her hypothesis suggests that we often self-sabotage, with our brain telling us a pint of ice cream or a Netflix binge is what we need after a long day, when we would be better served by calling a friend or getting some exercise, ideally with that friend. Assignments for her class “include keeping a gratitude journal, performing random acts of kindness, meditating and working out.” All have been shown to elevate mood in various psychological studies. She also suggests being a rabid fan of sports team, so in view of my long-suffering years of being a Vikings fan, I would take that one with a grain of salt.

I have read a study that showed a significant change in the Beck Depression Inventory in a group of subjects previously diagnosed with depression who were directed to recite five things that they were grateful for during each day before going to sleep. It has been suggested that by looking for things that go well during the day in order to retain them for the later recital it changes your outlook and leads you to focus on the good, rather than the bad. So does prayer, if you are doing it right. Try that for the next month and see if it helps you get through the winter. Pastor John

# February 2023

Sun

Mon

Tue

Wed

Thu

Fri

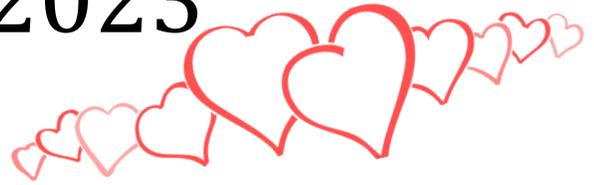
Sat

			1	2	3	4
			12:30pm ALC/HLC Quilters 6:30-7:30pm UVP 7th & 8th Grade Confirmation at Grace Lutheran in Ada	9:30am-4pm Hendrum Food Pantry at Hendrum Professional Building <b>218-861-5700</b>		10am-2pm Brew & Renew Open
5 9am ALC with Communion ALC Annual Meeting and potluck to follow 10:30am ILC Worship 11:30am ILC Coffee & Fellowship	6 9am ILC Quilters	7 6pm BSF (Bible Study Fellowship) at HLC	8 12:30pm ALC/HLC Quilters 6:30-7:30pm UVP 7th & 8th Grade Confirmation at Grace Lutheran in Ada	9 9:30am-4pm Hendrum Food Pantry	10 	11 10am-2pm Brew & Renew Open
12 9am HLC Worship HLC Annual Meeting to follow Potluck to follow meeting 10:30am ILC Worship 11:30am ILC Coffee & Fellowship 11:30am UVP 6th Grade Confirmation Class at Halstad	13 9am ILC Quilters	14 6pm BSF (Bible Study Fellowship) at HLC	15 12:30pm ALC/HLC Quilters 1:30 ILC WELCA 5-7pm HLC Valentine Freewill Community Dinner 6:30-7:30pm UVP 7th & 8th Grade Confirmation at Grace Lutheran	16 9:30am-4pm Hendrum Food Pantry 5:30pm HLC Council Meeting	17 	18 10am-2pm Brew & Renew Open
19 9am HLC Worship with Communion 10am HLC Breakfast by council 10:30am ILC Worship with Communion 11:30am ILC Council Meeting 11:30am ILC Coffee & Fellowship	20 9am ILC Quilters	21 6pm BSF (Bible Study Fellowship) at HLC	22 12:30pm ALC/HLC Quilters 6:30-7:30pm UVP 7th & 8th Grade Confirmation at Grace Lutheran in Ada	23 9:30am-4pm Hendrum Food Pantry	24 	25 10am-2pm Brew & Renew Open
26 9am HLC Worship 10am HLC Coffee & Fellowship 10:30am ILC Worship 11:30am ILC Coffee & Fellowship	27 9am ILC Quilters	28 6pm BSF (Bible Study Fellowship) at HLC	Pastor John Andrews <b>(c) 701-306-2575</b> <b>(o) 218-456-2144</b> Online Calendar <a href="http://www.uvparish.org/calendar">www.uvparish.org/calendar</a>			





# February 2023



## HALSTAD LUTHERAN CHURCH COUNCIL MEETING

Thursday, January 12, 2023; 5:35 p.m.

The HLC Council meeting was called to order by President Jon Hellerud at 5:35 p.m. Members attending: Jon Hellerud, Donna Scholl, Maradee (Dede) Lee, Cheryl Johnson, Alli Tice, Jackie Hellerud, Darin Johnson, Dean Nelson, and Pastor John Andrews. Members absent: Chad Tice, Gaylord Christianson, and Emily Finney. Also present was Dearmina Gustafson.

Pastor John led with devotions based on James 5:7-11 regarding patience and endurance. Pastor John mentioned the possibility of using either the Book of James or Job as his basis for this year's Lenten worship and-asked for-input. Pastor John said he had a communication from Faye DeLong, President at Immanuel, asking for the amount to be budgeted for the coming year for Pastor John's salary. Cheryl will get the ELCA required amount to Faye. Pastor John questioned the budget item earmarked to pay the Halstad Living Center for communion supplies. He said the center buys those themselves, not the residents. He was updated regarding the letter received by the Heritage House residents and the question was asked who had sent the letter. Jackie would check into it further.

Pastor also stated his concerns with Confirmation requirements again and passed around a letter that he had written to the parents of the Confirmation students voicing those concerns. It was the consensus of the council that the requirements need to be met for a student to be confirmed. It is the parents' responsibility to see that the student meets those requirements. A letter will be sent by the council, if necessary, in support of Pastor John's letter. Confirmation has no meaning without the work being done.

Pastor John said that he is now doing more worship services at Heritage House combined with Halstad Living Center.

Reports for December were reviewed.

**SECRETARY:** Dede stated that the date of Immanuel's annual meeting had been changed since our council met. Their annual meeting will be on January 22<sup>nd</sup> instead of January 9<sup>th</sup>. It was suggested that this should be a consideration in the future for Immanuel to meet on the 3rd Sunday in January and Halstad will meet on the 4th Sunday for the annual meeting. Augustana would continue on the 1<sup>st</sup> Sunday in February. All councils would be installed and updated before the councils meet in February. This will be discussed before the 2024 annual meetings.

**DEACONS:** Jackie would like the breakfasts after worship on the 3<sup>rd</sup> Sundays of each month to begin again.

Jackie asked Pastor John if more effort could be put into member visits this next year. Pastor said he is willing if people are open to visits. It was suggested that Juliana be asked to join Pastor John with the visits.

Jackie also asked if the overhead screen could be used for prayer and visual imaging at worship. Darin said there are major problems with the projector right now so the overhead cannot be used.

**TRUSTEES:** Darin reported that the sound mixer is being installed with Chad's help. Darin said that the heat pump for the west side, purchased and installed by Kevin of Mid-Valley Geotherm, is working and he is monitoring it. Darin said that we should be on the lookout for any anti-freeze leaks because he is replacing about five gallons of anti-freeze per week. The cost of the pump and installation was \$13,419.00. Darin has replaced the broken lock on the northeast church door by the kitchen. The installation of the partitions in the bathrooms and removal of the locks on the bathroom doors have not yet

### POINTS OF INTEREST -

ALC/HLC/ILC calendar is online at [uvparish.org/calendar](http://uvparish.org/calendar)

- HLC Roof Fundraiser - **Tax Deductible Donation**
- January Council Minutes Pending Approval
- Thursday, February 16, 5:30 pm HLC Council Meeting
- Brew & Renew open Saturdays 10am-2pm
- February Birthdays
- February Faith, Care & Share: Kyle & Veronica Dye family; Lori DeLong; Tom & Kim Hemberger\*; Michael & Erin Holte family
- February ALC Spic 'N Span:
- February Care: Please help shovel blow out the sidewalks as needed.

2022 HCL Council Members: Jon Hellerud, president; Donna Scholl, vice-president; Dede Lee, secretary; Cheryl Johnson, treasurer/financial secretary; Alli Tice, memorial secretary; Board of Deacons, Gaylord Christianson, Chad Tice, Jackie Hellerud; Board of Trustees, Dean Nelson, Darin Johnson; Board of Education, Emily Finney

## January Minutes continued

been done.

**MISSIONS & MINISTRIES:** Cheryl reported that approximately \$50,000 had been raised this year for the roof project.

**BOARD OF EDUCATION:** Pastor John said that LYO and JYO directors are needed.

**MEMORIAL SECRETARY:** Report on file

**TREASURER/FINANCIAL SECRETARY:** Cheryl reported that benevolence amounts had been paid for 2022. Income was \$22,672.60 of which \$5,320 was Memorial income leaving general income of \$17,352.60. Expenses for December were \$36,702.09. Net income was (\$14,029.49).

**PASTOR'S REPORT:** Pastor John mentioned his concern with attendance and is open to suggestions for improving active participation.

Motion was made by Darin and seconded by Alli to approve the reports for December. MC

**OLD BUSINESS:** Discussion for the church exterior is tabled until spring.

### NEW BUSINESS:

\*Dearmina Gustafson, Office Manager and Brew & Renew Shop Coordinator, has been taking her salary as a donation instead of from the payroll since November 1<sup>st</sup>, 2022, eliminating withholding. Dearmina has someone in Halstad who is willing to manage Brew & Renew beginning April 1<sup>st</sup> for \$10 per hour on Tuesdays, Wednesdays, and Thursdays, possibly from 5:00 pm to 7:00 pm. Discussion was held with questions raised regarding continuing on Saturdays and whether the hours would include taking in donations.

Dearmina said it would include donations being taken. At the present time, no sales tax has to be charged because the shop is not open enough hours. If the above

suggestion is implemented, sales tax needs to be charged and a sales tax number applied for. It was decided to hire Traci Skari on a trial basis beginning April 1<sup>st</sup>, 2023, at a salary of \$10 per hour. Hours will be set at the next meeting. Motion by Cheryl, second by Alli. MC

\*Annual Meeting dates are as follows: Immanuel - January 22<sup>nd</sup>; Augustana - February 5<sup>th</sup>; Halstad - February 12<sup>th</sup>. HLC auditors will be the same as last year. New council members will assume their duties in February of 2023 and a date for installation will be set.

\*Discussion was held about a Meatball Dinner to be held on Palm Sunday, April 2<sup>nd</sup>. Dean will use his facilities to prepare the meatballs and potatoes. It was decided to apply for \$250 from Thrivent for the dinner. A request will also be made for a gift card for meal items from Walmart in Dilworth. Mashed potatoes and gravy will be served for the dinner. A charge of \$15 per plate will be charged. Take-out and City of Halstad deliveries ordered by Saturday noon, April 1<sup>st</sup>, will be available. Dean and Darin will get volunteers.

\*Jackie asked when the Sunday breakfasts could begin. Darin and Jon said it could start this coming Sunday, January 15<sup>th</sup>. They will serve scrambled eggs, sausage, pancakes, and fruit cups for a freewill offering. Breakfasts will be served following Communion worship on the third Sundays of each month.

\*Cheryl said she would send notices to organizations and businesses that we are looking for community dinner hosts on the third Wednesdays of each month.

The next council meeting date will be Thursday, February 16<sup>th</sup>, at 5:30 pm with newly elected council members.

Motion by Dede, second by Dean, to adjourn Meeting closed with The Lord's Prayer.

Maradee (Dede) Lee Council Secretary



Shirley Solem preaching the Gospel on January 1 at Augustana Lutheran. Her 90th birthday was also celebrated and her children provided cupcakes to mark the date.

## Happy Birthday!

05 Luke Finney

17 Mary Trandem

05 Kim Hemberger

18 David Johnson

15 Tucker Christianson

23 Rosemary Mae Runck



If you haven't been back at church lately, please know we miss you and would love to have you come worship with us on Sundays at 9am.

# FREEWILL COMMUNITY DINNER

BE  
MINE

## VALENTINE SPECIAL

Spaghetti with white or  
red sauce, salad, garlic  
bread

SPONSORED BY HLC COUNCIL

Wednesday, February 15

5 PM - 7 PM

Halstad Lutheran Church





## Immanuel Lutheran News & Views

*We are a congregation  
strengthened by God's Word,  
Reaching out to all people  
with Christ's love.*

321 Main Street  
P.O. Box 130  
Hendrum, MN 56550

Church: 218-861-6218  
Food Shelf: 218-861-5700

### ELEVATOR AVAILABLE



You can contact  
Pastor John Andrews

Email: revjohn52@yahoo.com  
Phone: 701-306-2575

### FEBRUARY FAITH CARE & SHARE

Tod & Becky Harrington (*Team Leaders*)  
John Kolness & Netta  
Becky Kolness

### Flower And Altar Guild

Debby Borgen and Becky Harrington

### Communion Preparation

Faye DeLong and Pam Hedrich

### Food Shelf Hours

Thursdays 9:30 AM – 4:00 PM.  
218-861-5700

IMMANUEL CHURCH COUNCIL		
PRESIDENT	Faye DeLong	218-456-2640
V. PRESIDENT	Del Schnabel	218-861-6284
TREASURER	Tod Harrington	701-860-6280
SECRETARY	Becky Harrington	701-860-6280
DEACON	Amy Sweeney	919-770-6812
BOARD OF ED.	Jodi Bachmeier	218-861-2725
TRUSTEE	Mike Smart	218-861-6420

## IMMANUEL LUTHERAN CHURCH COUNCIL January 19, 2022

**Present:** Tod Harrington, Becky Harrington,  
Pastor John Andrews, Jodi Bachmeier,  
Diane Nelson, Del Schnabel,

**Absent:** Faye DeLong, Mike Smart

Del called the meeting to order at 6:33 pm  
and Pastor John led devotions. The opening  
question: How do we plan to improve next  
year?

Motion by Diane, seconded by Tod, to  
approve the board reports. Motion carried.

### Report Highlights:

- Pastor's Report: Wants to visit with all members at their home, at the church, out for coffee, etc.
- Education: Pre-K-5<sup>th</sup> grade Sunday Funday School continues the second Sunday of the month, 11:30-1:30 in Halstad.
- Trustee: a burner in the second furnace was replaced.
- Deacon: Delivered \$309 to the Ronald McDonald House (Mission of the Year) along with pop tabs. They were grateful for the physical and monetary donations throughout the year.
- President: Parish call committee will meet soon to move forward calling Pastor John.
- Treasurer: December income for ministry: \$7,870.84; December expenses for ministry: \$6,321.66; net \$1,549.18; general fund balance: \$6,367.88.

### Unfinished Business:

- Our Family Meals Ministry kicked off in December at the 25 Cent Store. Freezer meals were given to 10 families. Thanks to the volunteers

who assembled the casseroles! We need to distribute the remaining and plan for the next meal. One idea was to host an evening meal where people could eat together and have meals available for pick up if they cannot stay.

- 2023 5<sup>th</sup> Sunday Spruce Up will be January 29, 9 am. We will do cleaning/projects around the church building before worship.

#### **New Business:**

- Motion by Diane, seconded by Jodi, to recommend the proposed budget at the annual meeting. Motion carried.

The next council meeting will be set after the annual meeting with the new council. With no other business the meeting was adjourned at 7:14 pm, and we closed with the Lord's Prayer.

Respectfully submitted,  
Becky Harrington

## **IMMANUEL LUTHERAN CHURCH COUNCIL December 18, 2022**

**Present:** Faye DeLong, Del Schnabel, Pastor John Andrews, Mike Smart, Diane Nelson;

**Absent:** Tod Harrington, Becky Harrington, Jodi Bachmeier

Faye called the meeting to order at 11:40 am.

#### **Report Highlights:**

- Pastor John: Will be on vacation Wed 12/28/22 – Wed 01/04/23 o Sunday, Jan 1st Diane Nelson will lead worship (no communion).
- Education: Nothing to report at this time.
- Trustee: Snow has been difficult to remove so far this year. Called Dustin Reinhart who came over with heavy equipment to get it removed after the big storm.

- Deacon: Dropping off donations to Ronald McDonald House before Christmas.
- President: Nominating committee has been contacted. Annual meeting schedule Sunday, January 22nd 2023. Potluck to follow. All annual reports are due to the office by Jan 11th.

- Treasurer: November income for ministry: \$4,658.00; November expenses for ministry: \$5,486.91; net -\$828.91; general fund balance: \$4,818.70.

Motion by Diane, seconded by Mike, to approve the reports. Motion carried.

Next meeting not set at this time.

With no other business, the meeting was adjourned at 12:00 pm.

Respectfully submitted,  
Faye DeLong, Acting Secretary

**THANK YOU:** Thank you for your generous contribution to Ronald McDonald House Charities of the Red River Valley in Fargo. You play a direct role in making our mission of keeping families together possible. Your continued support of RMHC is noticed, greatly appreciated and is helping the families we serve each day.

Jill Christopher, CEO

**REACH** offers a variety of programs to help individuals and families in rural Clay and Norman counties meet their needs and build important skills in household management. REACH Thrift Store in Hendrum is open Tuesday-Friday, 9:30am-5:30pm. If you have any donations please call ahead @ 218-861-5700 or leave a message.

#### **EXERCISE FOR SENIOR WELLNESS**

Join us at the Hendrum School (North Door), Mondays & Wednesdays; 9-10 AM. Questions: Bev Kolness 218-861-6258

**Immanuel Lutheran Church Council  
February 19th following worship.**

**Immanuel WELCA  
February 15, 1:30 PM**