

2025 - UVP July Newsletter

Mindful Christianity is a practice of trying to live in harmony with God, with ourselves and with the world. It asks us to examine who we are based on how we view the world and our place in it. It focuses on living each moment knowing that we are beings created by God, awake to everything around us in the present moment while being intimately in touch with the living Lord. Christ's presence can only be felt in the present moment. Dwelling on the past or pinning for the future means we can't fully enjoy the present.

That sounds a little "New Agey" for me, but it does make a valid point. We can't change the past. By focusing on actions we can no longer alter or control, rather than making decisions that will affect our present, we often forfeit the opportunity to become new people. Your past doesn't have to control your future, unless you let it. Your future, on the other hand, depends on choices you will make today.

That doesn't mean we should waste the present obsessing about how decisions we make today will change our future. What you have for supper tonight probably won't alter the course of your history. But a series of unhealthy suppers over many years might, although being mindful of that fact doesn't mean you can't enjoy an occasional treat. But also be mindful of what Jesus is calling you to do at this present time and place. Look for God in the world, and you will be found.

Two people read the same Bible:

One sees reasons to hate. The other sees reasons to love.

One sees division. The other sees unity.

One finds prejudice. The other equality.

One discovers indifference. The other compassion.

One learns malice. The other learns goodwill.

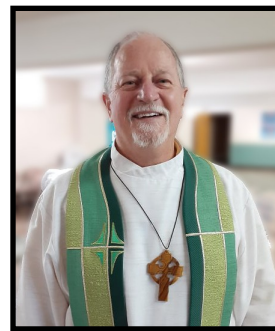
Two people, one book. One book, two views.

The Bible is a mirror. The reflection is you. So, who are you?

Mindful Christianity is the spiritual discipline of consciously living in Christ. It is waking up and seeing things not as we perceive them, but as Christ sees them.

We are all made in God's image. Everyone deserves respect and compassion, as Jesus showed us the way, caring for the sick, the beggars, the rejected and the downtrodden. Why do we insist on letting our view obscure the vista presented by Jesus Christ; to see things through Jesus' eyes; to accept as we have been accepted? "Clothe yourselves with the new self, created according to the likeness of God in true righteousness and holiness." Ephesians 4:24.

Pastor John



Pastor John Andrews
701-306-2575
218-456-2144

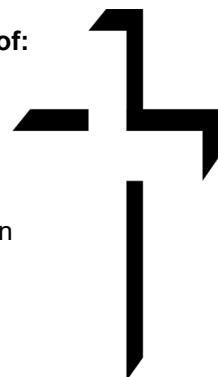
HLC Office Manager:
hlp@rrv.net

ILC Office Manager:
Diann Prussia
immanuel1@loretel.net

Prayer List

Lorie Arneson (Vonnie Jacobson's sister)
Ron Berry (Karen Smart's brother)
Elaine Borgen (Brian Borgen's mother)
Julie Brookshire
Terry Guttormson
Westin Hage (son of Dustin and Tasha Hage)
Katie Halvorson
Marlene Hetland
Tom Hinkley (son of Janice Hinkley)
Cole Kaiser (son of Melanie Nelson's niece)
Allison Lindgren (sister of Darin Johnson)
Paul Martinson
Pastor Myron Nysether
Regan Okroi
Marcia Onsgard
Harlan Rise
Helen Rognlie
Tom Socha
Becky Todd
Daniel Todd
Diane (Penny) Todd
Jacquelyn Todd
Gloria Uekert (Amy Sweeney's mom)
Marijo Vik
Cyndi Weber (Netta Wenshau's mother)
Netta Wenshau
Jessica Zinniel

Military Service of:
Colton Armstrong
Steele Armstrong
Dustin Beliles
Riley Culp
Stefan Horn
Stephen McCraven
Carlos Medina
Isaac Spaeth
Gabriel Mertz
Tucker Hansen



July 2025

Sun

Mon

Tue

Wed

Thu

Fri

Sat

		1	2	3 9:30am-4pm Hendrum Food Pantry at Hendrum Professional Building	4	5 9am-2pm Brew & Renew Open
6 9am ALC with Communion 10:30am ILC Worship 11:15am ILC Coffee & Fellowship	7 12:30pm ALC/ HLC Quilters	8	9	10 9:30am-4pm Hendrum Food Pantry 5:30pm HLC Council Meeting	11	12
13 9am HLC Worship 10am HLC Coffee & Fellowship 10:30am ILC Worship 11:15am ILC Coffee & Fellowship ILC Council Meeting following worship	14 12:30pm ALC/ HLC Quilters	15	16 1:30pm ILC WELCA 5-7pm Freewill Community Dinner hosted by HLC	17 9:30am-4pm Hendrum Food Pantry	18	19 9am-2pm Brew & Renew Open
20 9am HLC Service with Communion 10am HLC Council Breakfast 10:30am ILC Service with Communion	21 12:30pm ALC/ HLC Quilters	22	23	24 9:30am-4pm Hendrum Food Pantry	25	26
27 9am HLC Service 10am HLC Coffee & Fellowship 10:30am ILC Worship 11:15am ILC Coffee & Fellowship	28 12:30pm ALC/ HLC Quilters	29	30	31 9:30am-4pm Hendrum Food Pantry		

2025



School Supplies Needed for School Kits



- 70 page, one subject, spiral bound notebooks
- 24 pack boxed crayons
- Blue or black ink stick pens (like BIC) (NO gel pens)
- #2 UNSHARPENED wooded pencils with eraser ends



ALC/HLC quilter Mary Trandem presenting forty-four quilts to residents of Halstad Living Center in June. One quilt was also made for "Ernie", the resident pet.



FREEWILL COMMUNITY FOOD CELEBRATION
@HALSTAD LUTHERAN CHURCH

**Join Us for a Brats Extravaganza
Event** (also hotdogs, baked beans, macaroni salad)

Wednesday, July 16
5-7pm

Hosted by Halstad Lutheran Church to raise money for the general fund.



Immanuel Lutheran News & Views

*We are a congregation
strengthened by God's Word,
Reaching out to all people
with Christ's love.*

321 Main Street
P.O. Box 130
Hendrum, MN 56550

Church: 218-861-6218
Food Shelf: 218-861-5700

ELEVATOR AVAILABLE



You can contact
Pastor John Andrews

Email: revjohn52@yahoo.com
Phone: 701-306-2575

MAY FAITH CARE AND SHARE

Kris & Faye DeLong (Team Leaders)
Steve & Christy Jacobson
John & Lorraine Jossund

FLOWER AND ALTAR GUILD

Debby Borgen and Becky Harrington

COMMUNION PREPARATION

Diane Nelson and Pam Hedrich

IMMANUEL CHURCH COUNCIL		
PRESIDENT	Faye DeLong	218-456-2640
V. PRESIDENT	Del Schnabel	218-861-6284
TREASURER	Tod Harrington	701-860-6280
SECRETARY	Becky Harrington	701-860-6280
DEACON	Amy Sweeney	919-770-6812
BOARD OF ED.	Bonnie Scholl	701-860-6470
TRUSTEE	Mike Smart	218-861-6420

Immanuel Lutheran Church Council
Meeting, Sunday, July 13th,
following worship.
Immanuel WELCA, July 16, 1:30 PM.

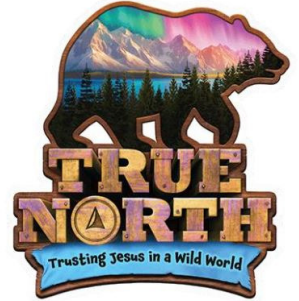
UNITED VALLEY PARISH VACATION BIBLE SCHOOL

Immanuel Lutheran Church
Hendrum MN

Monday, August 11th – Thursday, August 14th
5:00pm – 7:30pm

For all children, Kindergarten – 5th grade
No cost – Meal provided

Older youth & adults welcomed to help
Contact: Bonnie (701) 860-6470 or Becky (701) 860-6280

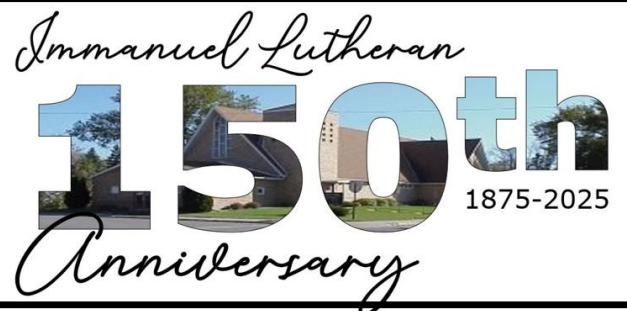


SAVE THE DATES

MONDAY, AUG. 1 - THURSDAY, AUG. 14

United Valley Parish Vacation Bible School
begins on Monday, August 11 through
Thursday, August 14; 5 pm - 7:30 pm.
VBS is for children Kindergarten-5th Grade
No Cost - Meal provided.

Older youth & adults welcomed to help.
Contact Bonnie 701-860-6470 or
Becky 701-860-6280



Save the Date
Sunday, September 14, 2025

Join "Immanuel Lutheran
Church 150th Anniversary"
Facebook group!





HENDRUM FAMILY FUN NIGHT IMMANUEL WELCA QUILT RAFFLE - AUGUST 27



The quilt is displayed at Northwestern Bank in Hendrum. Tickets are available at the bank, WELCA members, and other local businesses.

PARENT'S DAY - JULY 27



Where would we be without our parents, the people who loved us even before we were born? They do so much for us every day of our young lives and the love doesn't stop once we're adults. That's why it's good to honor them on their special day, National Parents' Day July 27, celebrated on the fourth Sunday in July.

While Mother's and Father's days were first officially celebrated in the early 1900s, (and National Grandpa Day is already approaching its 40th anniversary); National Parents' Day wasn't established until 1994. That's when President Bill Clinton signed a Congressional Resolution "recognizing, uplifting, and supporting the role of parents in bringing up their children." Well said!

God's work. Our hands.



September 7, 2025